Dear Consultant,

I am receiving care from you for <Write your original problem here>.

I await a follow-up appointment and / or treatment but report the following change in my condition since your last contact with me:

<Explain briefly what has changed since your last contact with the specialist>

I request that you take the following action:

* Review my hospital notes alongside this letter to determine whether my care might be expedited
* Contact me directly to inform me of the outcome of that decision, and me likely wait for further care
* File this letter and document your decision in my medical record.